

The Heart of Mentoring

Because it takes a village...

Join us for a dynamic, 3-day community gathering with programs for elders, adults and youth, immersing participants in a living, learning culture of nature connection, community building, and self-awareness.

Deep in all of our roots, there are stories of our ancestors living in healthy, regenerative communities—villages where people of all ages were in deep relationship with the land, each other, and themselves. The Heart of Mentoring is designed to help us remember these old ways and learn to apply them to our modern communities. This nature-based immersion experience gives a hopeful vision of what a community can look like when the cultural fabric that binds everything together is focused on things that serve individual, community, and environmental health.

Adult and youth programs run simultaneously, weaving together to form a "village" with connection to nature, community, and self as the culture. This workshop provides knowledge, tools and practices that enrich relationships and allow participants to create a powerful culture of nature connection in all aspects of their life and community.

Reactivate the joy of full aliveness, in togetherness with all beings!



Date: Friday, September 4th, 2pm until Sunday September 6th, 4pm.

Location: Westcott Farm, 162 Westcott Road, Salt Spring Island

Cost: Includes all programming, two nights of camping, and delicious, mostly organic, farm-fresh meals (catered by Haidee Hart of

Stowel Lake Farm) from Friday dinner through lunch on Sunday.

Elders: 5110

Adult: \$150-\$250 (sliding scale)

Youth (12-16): \$100 Child (5-11): \$70 4 and under: \$25 PRE-REGISTRATION REQUIRED! FOR MORE INFORMATION: instinct@saltspring.com

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